## GIVE THE GIFT OF LIFE DONATE BLOOD

Every 2 seconds someone needs blood, yet less than 3% of the population donates.

## Dumont Community Blood Drive Monday, October 24, 2016 3:00 pm to 8:00 pm Calvary United Methodist Church 185 West Madison Ave. Free \$5 Dunkin Donuts Gift Card for donors.

For appointments, please call (201) 251-3703 or use the following link:

## https://donor.cbsblood.org/donor/schedules/drive\_schedule/41865

Walk-ins are welcome!!

## **Donor Guidelines:**

- Weigh at least 110 lbs
- Eat before donation
- Bring ID

