



## *Soul Injury Awareness Movie*

Sparta United Methodist Church

71 Sparta Avenue

Sparta, NJ 07871

Friday, October 27th, at 7:00 PM

Facilitator: Rev. John Drinkard

Soul Injury is a spectrum of penetrating wounds that occur during trauma, abuse, loss, neglect, and serious illness. It is an overlooked, unassessed wound that subtly robs people of their vitality and separates them from their own sense of self. The intended audience for this event are: veterans; victims of sexual assault, crime, accidents, natural disasters, abuse, neglect, addiction, and burn-out; people who have experienced the loss of personal health or a loved one's health, the death of a loved one, betrayal by a significant other; families of the traumatized; personal and professional caregivers.

The source of traumatic and insidious Soul Injury is unmourned loss and unforgiven guilt or shame. This event will show how soulfully wounded people can love, forgive, and trust themselves to navigate in the world again. We create a safe haven so people can re-own and re-home the parts of themselves that may still be carrying unmourned grief or unforgiven guilt or shame. Re-owning is a process of deliberate discovery of hidden parts of ourselves that previously we had only wanted to avoid. The re-homing process opens a nurturing relationship with the disconnected part of our self so it can feel safe enough to reintegrate.

After the movie, Rev. John Drinkard, a trained Soul Injury Program Leader, will host a question and answer session.

**THIS IS A FEE FREE EVENT. ALL ARE WELCOME!**